

# ALL DAY



## MAPLE ROASTED GRANOLA (GFO)

Nuts, seeds, coconut yoghurt, fresh figs

12

## SOURDOUGH TOAST (GFO)

Preserve or vegemite

7.5

## FRUIT TOAST

Cream cheese & coconut nectar

8.5

## SMASHED AVOCADO

Sourdough toast with dukkah, lemon & olive oil

– Add cashew cream with dill

12

+3

## BRUSCHETTA

Hummus, broccolini, asparagus & tahini vinaigrette

14.5

## TOFU SCRAMBLE

Garlic & thyme mushrooms, tomato relish on sourdough toast

15.5

## BUCKWHEAT WAFFLES

Caramelized banana, vanilla bean ice cream & maple syrup

15.5

## BREAKFAST BURRITO

Spiced rice, crumbed tofu, black beans, kale & salsa wrapped in a soft tortilla

16.5

## NURTURE BOWL

Roasted pumpkin, crispy tempeh, nuts, grains, crunchy raw vegetables, tahini vinaigrette & grilled garlic sourdough

16.5

## GRILLED CORNCAKES

Guacamole, pico de gallo & coriander pesto

15.5

## E.L.T.

Crumbed eggplant, lettuce & tomato, aioli on toasted turkish

14.5

## CRISPY TOFU BAO (2)

Carrot, cucumber, coriander with satay & sweet chilli

12.5

## SWEET POTATO FRIES & aioli

9

## SHOESTRING FRIES & aioli

8

## SIDES

### EXTRA TOAST

3

### OVEN ROASTED TOMATOES

3

### CASHEW CREAM WITH DILL

3

### AVOCADO

4

### SAUTÉED MUSHROOMS

5

### CRUMBED EGGPLANT

5

### CRUMBED TOFU

5

(GFO) GLUTEN FREE OPTIONS

+1

## KIDS

### TOAST SOLDIERS

6.5

Preserve or vegemite

### MINI PANCAKE STACK

8

Maple syrup & vanilla bean ice cream

– Add banana

+2

### RICE BUBBLE BOX

5

dicki's

# EVERY DAY



## HOT

Espresso	3	Matcha Latte	4.5 / 5.5
Double Espresso	3.5	Turmeric Latte	4.5 / 5.5
Short Macchiato	3.5	Chai Latte	4.5 / 5.5
Long Macchiato	4	Babyccino	1.5
Latte	4 / 5		
Flat White	4 / 5	English Breakfast	5
Cappuccino	4 / 5	Earl Grey	
Long Black	4 / 5	Chamomile	
Single Origin Filter	4.5	Green	
Mocha	4.5 / 5.5	Peppermint	
Hot Chocolate	4.5 / 5.5	Chai Tea	

## COLD

Iced Coffee	7	<b>PEANUT BUTTER &amp; BANANA SMOOTHIE</b>	9.5
Iced Chocolate	7	Coconut milk, vanilla bean ice cream, dash of cinnamon	
Iced Latte	5		
Iced Long Black	5	<b>MIXED BERRY SMOOTHIE</b>	9.5
Iced Filter Coffee	5	Soy milk & vanilla bean ice cream	
Iced Tea	5		
Affogato	5.5	<b>GREEN SMOOTHIE</b>	9.5
		Mango, banana, kale, spinach, coconut water	
Sparkling Water	4 / 7	<b>ADD</b>	+2
Thyme & Ginger Beer	6	- Vanilla pea protein	
Myrtle Lemonade	6	- Vitamin C powder	
Apple Cream Soda	6	- Barley Grass powder	
Cucumber Basil Tonic	6	- Turmeric powder	
<b>ORANGE JUICE</b>	6		
Freshly squeezed			
<b>RED JUICE</b>	8.5		
Apple, beetroot, carrot, ginger			

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